

Adam Paul, the go to man for Tennis

By Haley Ellis, Recreation Supervisor

Lompoc Parks, Recreation and Urban Forestry Department would like to take this opportunity to high light an instructor that offers services for the Lompoc Valley community members. Adam Paul is the tennis instructor for Individual Private Lessons and the New Systems 5 High School Competition Clinic. These programs will allow the tennis enthusiast some competition and the tennis novice some ground rules and regulations of tennis.



United States Professional Tennis Association Pro 1 Adam Paul is a tennis-teaching professional. He is currently contracted the City of Lompoc Parks, Recreation and Urban Forestry Department to provide System 5 High School Player Competition Clinic and Private Lessons for High School age players. He will be introducing Cardio Tennis, Friday Night Speedball, No Cut High School Tennis, and a local tournament in the Fall of 2010, and provide 50 Plus instruction in the Winter of 2010.

He has previously worked in the capacities of Head Pro and Assistant Pro at Public Park/Tennis Welcome Center programs in Bartlett, Tennessee, and Hamilton, Ohio. He has worked as a Tennis Professional for several private facilities in the Midwest to include Net-Set Tennis Club and New London Hills Tennis and Swim Club. In addition, he was the Guest Pro at Pebbles Resort in Jamaica.

He is a member of the United States Tennis Association who plays USTA team, mixed, and combo tennis, as well as various NTRP and Age division tournaments. "I became a tennis professional to promote and grow the game of tennis at the grassroots level," he says. "I would like to be a USPTA Ambassador, as well as grow the game through USTA initiatives such as Adopt-A-School. My goal is to expand services within an established private tennis club setting. I have focused on trade brand programming such as Little Tennis, Quick Start Tennis, Cardio Tennis, Tennis Welcome Center, No Cut High School, as well as adapting the System 5 for High School players."

Outside of tennis, Adam is a former U.S. Marine who currently works for the Department of Justice and competes in Sprint Triathlons. He has a Bachelor's

degree in Psychology from St. Leo University in St. Leo, Florida. Adam is married and has two sons.

The Individual Private Lessons offer One-on-One tennis instructions tailored to player abilities, needs, and skill level, using the latest player development techniques, including video stroke analysis. The lessons range from 30 minutes to 60 minute sessions at the Ryon Park Tennis Courts for kids who are currently in 8th through 12th grade. Adam is willing to work with the individual to fit lessons into their schedule.

The New Systems 5 High School Competition is a clinic for the player seeking to make their high school tennis team or currently competing in high school league play. Learn tactical and technical options that produce the best possible shot in any situation. Clinic runs continuously on Sundays at the Ryon Park Tennis Courts from 1:00 p.m. to 2:30 p.m. targeted for the kids who are currently in 8th through 12th grade. The clinic attendance bundle options are 4, 8 or 12 clinics for a fee.

To sign up or for more information or to sign up for Paul's tennis programs call 875-8100 or stop by the Anderson Recreation Center located at 125 West Walnut Monday through Friday 9 a.m. to 5 p.m.