

**LOMPOC VALLEY COMMUNITY KITCHEN  
COCINA COMUNITARIA DEL VALLE EL LOMPOC**

**FREE DINNERS**

**CENAS GRATIS**

**SUNDAY, MONDAY, TUESDAY, THURSDAY, FRIDAY  
DOMINGOS, LUNES, MARTES, JUEVES, VIERNES**

**Dinners are SIT-DOWN MEALS. NO Take Out Food  
(except, unless disabled and can't make the stairs  
at certain churches). Meals begin promptly at 5:00 PM  
Ending at 5:45 PM. Except Sunday which begins  
at 4:00 PM.**

**Estas Cenas son PARA COMER ADENTRO SENTADOS.  
NO Es Comida Para Lievar ( excepcion de las personas  
desabilitadas que no puedan subir las escaleras de  
algunas iglesias). Las cenas comierizan a las 5:00 PM.  
Y finalizan a las 5:45 PM. Excepcion Domingos a 4:00 PM.**

**SUNDAY                      Trinity Church of the Nazarene      500 E. North Ave.  
Domingos                      500 at Este de is Avenida Norte**

**MONDAY                      Lompoc Four Square Church      125 North "C" St  
Lunes                              125 al Norte de la calle "C"**

**TUESDAY                      ST. Timothy Church                      403 North "J" ST  
Martes                              403 al Norte de la calle "J"**

**THURSDAY                      First Baptist Church                      220 W Cypress AV  
Jueves                              220 al Oeste de la avenida Cypress**

**FRIDAY                              La Purisima Catholic Church      333 South "I" St.  
Viernes                              333 al Sur de la calle "I"**

**Come eat at our house  
And God Bless You**

**Venga a comer a nuestra casa  
Y que Dios lo Bendiga**

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